

PacificSmiles DENTAL[®]

Pacific Smiles Dental Centres are located throughout Australian Capital Territory, New South Wales, Queensland and Victoria.

Most of our centres are open 6 days with some open Sundays, public holidays and evenings.

Visit our website for locations and more information

www.pacificsmilesdental.com.au



SLEEP DENTISTRY



Pacific Smiles Dental understands that dental visits can be overwhelming and can cause high levels of anxiety for some patients. Often this level of anxiety can discourage patients from visiting the dentist and thereby preventing them from obtaining treatment often required to improve their oral health.

Pacific Smiles Dental is passionate about providing dental care that promotes positive dental health, helping patients achieve beautiful, healthy smiles for life. For this reason, Pacific Smiles Dental offers sleep dentistry procedures at selected Pacific Smiles Dental Centres by appropriately trained Practitioners.



Patients can choose to either sleep through their dental treatment whilst under general anaesthetic in a private hospital, or via sedation in selected Dental Centres.

General anaesthetic procedures are carried out in private hospitals using the latest in specialised dental equipment and materials. Patients are required to visit a Pacific Smiles Dental Centre for a consultation (including a dental examination and diagnostic x-rays). Arrangements are then made with the appropriate private hospital where their treatment will be undertaken by an accredited dentist from Pacific Smiles Dental. Most dental patients are admitted as day only patients and ordinarily discharged within 2 hours of their procedure.

As an alternative, dental treatment can also be carried out with the help of sedation in selected Dental Centres. Sedation options available include Pentrox, Nitrous Oxide (also known as laughing gas) and intravenous sedation. Pentrox and Nitrous Oxide are both inhaled by the patient and offer relief from both pain and anxiety. Intravenous sedation is administered by an Anaesthetist in the Dental Centre and uses a combination of sedative and pain relieving medicaments to create a drowsy and dream-like state of deep, calming relaxation for the entire duration of the dental procedure.

Sleep dentistry offers patients benefits such as:

- **Sleep through** – general anaesthetic patients sleep through their entire dental procedure unaware of the sight, smell and sounds, easing fear, anxiety and discomfort. Patients receiving treatment under intravenous sedation experience a similar effect
- **Comfort** – patients are relieved of possible discomfort associated with long and complex procedures
- **Safety** – patients can rest assured that their procedure is being managed with specialised equipment and personnel
- **Time effectiveness** - patients can often have several/all necessary dental treatments completed in one session rather than multiple visits to the Dental Centre.

Children and adults alike can have any procedure performed via sleep dentistry including fillings, crowns, multiple extractions, removal of wisdom teeth and implant placements. Treatment under sedation is available to most patients irrespective of their individual private health insurance arrangements. Estimates for the various alternatives can be provided at the time of consultation.

All procedures at Pacific Smiles Dental Centres are carried out using state-of-the-art equipment in modern, friendly facilities which offer the convenience of extended opening hours. Sterilisation and infection control practices at Pacific Smiles Dental are subject to the highest quality standards for the health and safety of patients, employees and practitioners.

For further information on how Pacific Smiles Dental can make your visit to the dentist a dream, visit

www.pacificsmilesdental.com.au

or contact your local Pacific Smiles Dental Centre

