

# PacificSmiles DENTAL<sup>®</sup>

Pacific Smiles Dental Centres are located throughout Australian Capital Territory, New South Wales, Queensland and Victoria.

Most of our centres are open 6 days with some open Sundays, public holidays and evenings.

Visit our website for locations and more information

[www.pacificsmilesdental.com.au](http://www.pacificsmilesdental.com.au)



## THE DENTAL CHECK-UP



**Pacific Smiles Dental is dedicated to promoting good dental health to both children and adults, so they have the best chance to achieve a beautiful, healthy smile for life.**

Regular dental check-ups can prevent the need for major dental work in the future and is far more cost effective than allowing problems to go on undetected. Check-ups, cleans and associated services are often subsidised or provided with “no-gaps” to members of private health insurance funds who have extras or ancillary cover.

It is almost never too early to get into the healthy habit of six-monthly dental visits. Children as young as three years of age are advised to visit the dentist for a regular check-up and clean so that they become familiarised with their local Dental Care Centre to help maximise their chances of achieving lifelong dental health.



*Say arrrrrrh...*

### **What happens at a Dental Check-Up?**

The dentist and dental assistant will introduce themselves and ask if you have any specific concerns or issues with your teeth, gums or appearance of your smile. Next they will assess the current condition of your teeth and gums.

The dentist may request that digital dental x-rays be taken of

your teeth and gums during your check-up. A dental x-ray is the only accurate way that the dentist can ‘see’ between the teeth and under fillings.

There are three types of x-rays that your dentist may suggest:

- **Small Dental X-Ray** – for individual teeth
- **OPG** – a full mouth x-ray
- **3-D Cone Beam X-Ray** – shows very fine detail of all structures of the jaw in a three dimensional view



For more extensive treatment planning, the dentist may obtain study models of upper and lower teeth and/or digital photographs of your face and teeth.

As part of your ongoing dental maintenance program, your dentist may offer a scale and clean to remove tartar build-ups. A professionally applied fluoride application will assist in reduction of dental decay and decrease the sensitivity of your teeth.

Pacific Smiles Dental is committed to the promotion of good dental health and the education of all patients to help them achieve a beautiful, healthy smile for life.

All procedures at Pacific Smiles Dental Centres are carried out using state-of-the-art equipment in modern, friendly facilities which offer the convenience of extended opening hours. Sterilisation and infection control practices at Pacific Smiles Dental are subject to the highest quality standards for the health and safety of patients, employees and practitioners.

For more information on regular check-ups or any other dental services available at Pacific Smiles Dental, visit [www.pacificsmilesdental.com.au](http://www.pacificsmilesdental.com.au) or contact your local Pacific Smiles Dental Centre.